



Threads of Hope Training

COMMUNITY RESOURCE LIST

2025

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FOOD ASSISTANCE

Agape Food Pantry

Services Provided: Provides free canned and non-perishable food items to individuals and families in need.

Phone Number: Not publicly listed

Email: Not publicly listed

Region: 3

County: Vermillion County

City: Danville, IL

Area Agencies on Aging (Statewide)

Services Provided: Coordinate and provide services for older adults including meals, transportation, caregiver support, case management, and help with Medicare and benefits across all Illinois regions.

Phone Number: (800)-252-8966 (Senior Helpline)

Email: aging.il.senior@illinois.gov

Region: Statewide

County: All IL counties

City: Multiple locations throughout IL



FOOD ASSISTANCE

Catholic Charities of Southern IL- Belleville

Services Provided: Provides assistances with basic needs such as food, clothing, housing support, and other social services to individuals and families in need.

Phone Number: 618-394-5900

Email: Not publicly listed

Region: 5

County: St. Clair County

City: Belleville, IL

Catholic Charities- Mattoon

Services Provided: Offers food pantry, clothing and housewares assistance, prescription aid, baby supplies, adaptive equipment loans, and operates the Boomerang Blessings resale store.

Phone Number: 217-235-0420

Email: jbenton_matt@cc.dio.org

Region: 4

County: Coles County

City: Mattoon, IL



FOOD ASSISTANCE

C.E.F.S Economic Opportunity Corporation

Services Provided: Offers a wide range of programs including housing assistance, energy assistance (LIHEAP), weatherization, Head Start, Meals on Wheels, job training (WIOA), public transit (CIPT), emergency services, and financial literacy programs to support low-income individuals and families.

Phone Number: 217-342-2193

Email: Not publicly listed

Region: 4

County: Christian, Clay, Effingham, Fayette, Montgomery, Moultrie, Shelby

City: Effingham, IL (Administrative Office)

COPE Food Pantry

Services Provided: Provides monthly food assistance to residents of Massac County through three distribution sites. Clients must bring a photo ID and proof of residency.

Phone Number: 618-524-3635

Email: Not publicly listed

Region: 5

County: Massac County

City: Metropolis, IL



FOOD ASSISTANCE

Cornerstone Community

Services Provided: Job Training/Workforce Development, Housing Counseling & Homeless Prevention, Food Pantry, Feeding Programs

Phone Number: 708-758-2565

Email: kamil.walton@cornerstone-cdc.org

Region: 1

County: Cook

City: Chicago, IL

Cradles to Crayons (Chicago)

Services Provided: Provides children from birth through age 12, living in homeless or low-income situations, with the essential items.

Phone Number: 312-767-1008

Email: Not publicly listed

Region: 1

County: Cook County

City: Chicago, IL



FOOD ASSISTANCE

Crosswalk Community Action Agency

Services Provided: Offers energy assistance, emergency services, rental/mortgage support, home repair, weatherization, and a food pantry for low-income households.

Phone Number: 618-937-3581

Email: reception@crosswalkcaa.com

Region: 5

County: Franklin

City: West Frankfort, IL

Eat. Move. Save- Univeristy of IL Extension

Services Provided: Nutrition education, meal planning, physical activity promotion, and budgeting resources for individuals and families.

Phone Number: Not available

Email: eatmovesave@illinois.edu

Region: Statewide

County: Multiple

City: Multiple



FOOD ASSISTANCE

East Central Illinois Community Action Agency

Services Provided: Offers energy assistance (LIHEAP), weatherization, housing support, food programs, and community services for low-income families.

Phone Number: 217-554-9138

Email: Not publicly listed

Region: 3

County: Vermilion

City: Danville, IL

Eastern Illinois Foodbank

Services Provided: Distributes food through pantries, soup kitchens, and mobile programs across 18 counties in eastern Illinois.

Phone Number: 217-328-3663

Email: marketing@eifoodbank.org

Region: 3/4

County: Champaign, Clark, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Jasper, Livingston, Mason, McLean, Moultrie, Peoria, Piatt, Tazewell, Vermillion, Woodford



FOOD ASSISTANCE

Fayette County 6:35 Pantry

Services Provided: Distributes food to individuals and families in need within Fayette County.

Phone Number: 618-335-6241

Email: Not publicly listed

Region: 5

County: Fayette County

City: Vandalia, IL

Greater Chicago Food Depository

Services Provided: Distributes food through a network of over 700 pantries, soup kitchens, shelters, and programs across Cook County. Offers additional services including SNAP and Medicaid enrollment assistance, job training, nutrition education, and specialized programs for children, older adults, and veterans.

Phone Number: 773-234-7237

Email: Not publicly listed

Region: 1

County: Cook County

City: Chicago, IL



FOOD ASSISTANCE

The Haven

Services Provided: Provides emergency shelter, meals, case management, and life skills programs for individuals and families facing housing and food insecurity.

Phone Number: 217-234-7237

Email: Not publicly listed

Region: 4

County: Coles County

City: Mattoon, IL

Heart of Illinois United Way 2-1-1 Program

Services Provided: Food, shelter, clothing, rent/utility assistance, healthcare, employment, transportation, education

Phone Number: 309-674-5181

Email: amy.manwaring@local.unitedway.org

Region: 3

County: Peoria County

City: Peoria, IL



FOOD ASSISTANCE

Interfaith Food Pantry

Services Provided: Provides free groceries and emergency food support to individuals and families in need, including fresh produce, non-perishable items, and prepared meals at some locations.

Phone Number: 630-897-2127 (Aurora, IL)

618- 355-9199 (Belleville, IL)

773-363-6063 (Chicago, IL)

734-646-7170 Evanston, IL)

847-854-1904 (Lake in the Hills, IL)

Email: Not publicly listed

Region: 1/2

County: Multiple

City: Multiple

Jamieson Community Center

Services Provided: Offers food assistance, senior nutrition programs, educational support, utility assistance, and a thrift store to support individuals and families in need.

Phone Number: 309-734-4251

Email: Not publicly listed

Region: 3

County: Warren County

City: Monmouth, IL



FOOD ASSISTANCE

Lasagna Love

Services Provided: Delivers free, home-cooked lasagnas to individuals and families experiencing hardship, aiming to feed families, spread kindness, and strengthen communities.

Phone Number: Not publicly listed

Email: info@lasagnalove.org

Region: Statewide

County: Various counties

City: Various cities

Loaves & Fishes Community Services

Services Provided: Provides healthy food, emergency financial assistance, job support, legal aid, and other wraparound services to promote self-sufficiency.

Phone Number: 630-355-3663

Email: Not publicly listed

Region: 1

County: DuPage County

City: Naperville, IL



FOOD ASSISTANCE

Maine Township

Services Provided: Offers services including general assistance, youth and family services, senior programs, food pantry, property tax assistance, and community outreach to residents in parts of Des Plaines, Park Ridge, Niles, Glenview, Morton Grove, and Rosemont.

Phone Number: 847-297-2510

Email: info@mainetown.com

Region: 1

County: Cook County

City: Park Ridge, IL

Northern Illinois Food Bank

Services Provided: Distributes nutritious food through a network of pantries, soup kitchens, and mobile markets across 13 counties.

Phone Number: 630-433-6910

Email: hunger@northernilfoodbank.org

Region: 2

County: Kane County

City: Geneva, IL



FOOD ASSISTANCE

Northwest Compass, Inc

Services Provided: Offers housing assistance, food pantry services, youth empowerment programs, coordinated entry for homelessness services, career coaching, financial counseling, and crisis stabilization support.

Phone Number: 847-392-2344

Email: info@northwestcompass.org

Region: 1

County: Cook County

City: Mount Prospect, IL

Shawnee Development Council, Inc

Services Provided: Offers a range of services including food distribution, energy assistance (LIHEAP), emergency assistance, weatherization, housing support, job training, and scholarship programs to support low-income individuals and families.

Phone Number: 618-634-2201

Email: sdcinc@shawneedevelopment.org

Region: 5

County: Alexander, Hardin, Johnson, Massac, Pope, Pulaski, and Union Counties

City: Karnak, IL



FOOD ASSISTANCE

Sophia's Kitchen

Services Provided: Provides free daily sack lunches, a monthly food pantry, a weekly pet food pantry, and a 24/7 emergency food pantry to individuals and families in need.

Phone Number: 309-655-1578

Email: soupkitchen2010@gmail.com

Region: 2

County: Peoria County

City: Peoria, IL

Soup-n-Share Outreach Program

Services Provided: Offers a client-choice food pantry, free clothing, diaper distribution, senior food boxes, and support for displaced students and families in crisis.

Phone Number: 618-709-7500

Email: info@soupnshare.org

Region: 5

County: Madison County

City: Madison, IL



FOOD ASSISTANCE

The Lunch Wagon

Services Provided: Feeding lunches to children throughout the summer- Only Wabash County

Phone Number: 618-240-4299

Email: Not publicly listed

Region: 5

County: Wabash County

City: Allendale, IL

Northwestern University Settlement Association

Services Provided: Food Pantry.

Phone Number: 773-278-7471

Email: info@nush.org

Region: 1

County: Cook County

City: Chicago, IL

People's Resource Center

Services Provided: Food pantry and clothing upon request.

Phone Number: 6

Email: info@peoplesrc.org

Region: 2

County: DuPage County

City: Wheaton, IL



FOOD ASSISTANCE

Pilsen Food

Services Provided: Food pantry and clothing upon request.

Phone Number: 773-812-3150

Email: info@pilsenfoodpantry.com

Region: 1

County: Cook County

City: Chicago, IL

Sharefest Warehouse (New Lenox)

Services Provided: Food, clothing, bicycles, etc.

Phone Number: 815-308-9198

Email: info@sharefestwillcounty.org

Region: 2

County: Will County

City: New Lenox, IL



FOOD ASSISTANCE

St. Louis Area Foodbank

Services Provided: Distributes food through a network of over 600 partners, including pantries and mobile markets.

Phone Number: 314-292-6262

Email: info@stlfoodbank.org

Region: 5

County: Jersey, Calhoun, St. Clair, Madison, Clinton, Franklin, Jackson, Monroe, Perry, Randolph, Washington, Williamson

Westchester Food Pantry

Services Provided: Provides monthly food assistance to residents of Westchester and surrounding communities.

Phone Number: 708-927-4826

Email: westchesterfoodpantry@gmail.com

Region: 1

County: Cook County

City: Westchester, IL



GRIEF RESOURCES

Arukah Institute of Healing

Services Provided: Integrative mental health and wellness services including therapy, psychiatry, crisis support, recovery programs, mind-body therapies, and community-based initiatives.

Phone Number: 815-872-2943

Email: info@arukahinstitute.org

Region: 3

County: Bureau

City: Princeton, IL

BACOA: Barrington Area Council on Aging

Services Provided: Title III E Grant support in Lake Co-Grandparents supporting Grandchildren.

Phone Number: 847-381-5030

Email: jneuses@bacoa.org, lkulawik@bacoa.org

Region: 1, 2

County: Cook and Lake County

City: Barrington, IL



GRIEF RESOURCES

Big Brothers Big Sisters of Metropolitan Chicago

Services Provided: One-to-one mentoring programs for youth ages 7–14, including community-based and site-based matches, with a focus on fostering positive relationships and youth development.

Phone Number: 312-207-5600

Email: bbbschgo@bbbschgo.org

Region: 1

County: Cook

City: Chicago, IL

Empowerment Youth Leadership Academy

Services Provided: Financial assistance to stillborn mothers, job training, workforce development.

Phone Number: 888-4MYEYLA

Email: samika@myeyla.org

Region: 1

County: Cook

City: Chicago, IL



GRIEF RESOURCES

Fox Valley Hands of Hope

Services Provided: Free grief support services for children, families, and adults, including individual and group counseling, youth programs, family support, adult programs, and an equipment lending closet.

Phone Number: 630-232-2233

Email: info@fvhh.net

Region: 2

County: Kane County

City: Geneva, IL

Grief Care Network

Services Provided: Directory of grief and bereavement services.

Phone Number: Not publicly listed

Email: info@griefcarenetwork.com

Region: Statewide



GRIEF RESOURCES

Heartlinks Grief Center

Services Provided: Individual and family counseling after a loss, trauma counseling, and monthly group grief counseling.

Phone Number: 618-277-1800

Email: support@myheartlinks.com

Region: 5

County: St. Clair County

City: Belleville, IL

Rock River Hospice & Home

Services Provided: Provides expert end-of-life care, including pain and symptom management, emotional and spiritual support, bereavement counseling, and volunteer assistance for patients and families.

Phone Number: 815-625-3858

Email: emily@hospicerockriver.org

Region: 2

County: Whiteside County

City: Sterling, IL



GRIEF RESOURCES

Camp Mariposa

Services Provided: Free, year-round addiction prevention and mentoring program for youth ages 9–17 affected by a family member’s substance use disorder. Offers weekend camps with traditional activities, education, and support sessions led by trained professionals.

Phone Number: 773-569-9553

Email: bheidel@nush.org

Region: 1

County: Cook

City: Chicago, IL

Warp Corps (McHenry County)

Services Provided: Offers youth activities, art, music, support groups, mental health/SUD support.

Phone Number: 815-985-6256

Email: Not publicly listed

Region: 2

County: McHenry County

City: Woodstock, IL



HOUSING ASSISTANCE

Anew: Building Beyond Violence and Abuse

Services Provided: 24-hour hotline, emergency shelter, counseling for adults and children, court advocacy, transitional and rapid rehousing, and community education.

Phone Number: 708-794-2140

Email: info@anewdv.org

Region: 1

County: Cook

City: Homewood, IL

Aurora Housing Authority

Services Provided: Homeless assistance, rent assistance.

Phone Number: 630-701-9977

Email: Not publicly listed

Region: 2

County: Kane County

City: Aurora, IL



HOUSING ASSISTANCE

BCMW Community Services

Services Provided: Help with rent, power (LIHEAP), water, crisis assistance.

Phone Number: 618-532-7388

Email: Not publicly listed

Region: 5

County: Bond, Clinton, Marion, and Washington County

Beds Plus, PADS

Services Provided: Housing assistance.

Phone Number: 708-332-7700

Email: Not publicly listed

Region: 1

County: Cook County

City: Chicago Heights, IL



HOUSING ASSISTANCE

Catholic Charities of Southern IL- Belleville

Services Provided: Provides assistance with basic needs such as food, clothing, housing support, and other social services to individuals and families in need.

Phone Number: 618-394-5900

Email: Not publicly listed

Region: 5

County: St. Clair County

City: Belleville, IL

CCSI Case Coordination

Services Provided: Provides in-home assessments and care coordination for older adults to connect them with services that support independent living.

Phone Number: 309-306-4550

Email: ccsi.pia@ccsiccu.com

Region: 2

County: Peoria County

City: Peoria, IL



HOUSING ASSISTANCE

CDBG Operations Corporation

Services Provided: Provides housing counseling, financial literacy training, foreclosure prevention, and rental assistance services to low- and moderate-income individuals and families.

Phone Number: 618-274-7832

Email: Not publicly listed

Region: 5

County: St. Clair County

City: East St. Louis, IL

C.E.F.S Economic Opportunity Corporation

Services Provided: Offers a wide range of programs including housing assistance, energy assistance (LIHEAP), weatherization, Head Start, Meals on Wheels, job training (WIOA), public transit (CIPT), emergency services, and financial literacy programs to support low-income individuals and families.

Phone Number: 217-342-2193

Email: Not publicly listed

Region: 4,5

County: Christian, Clay, Effingham, Fayette, Montgomery, Moultrie, Shelby County



HOUSING ASSISTANCE

Chicago Furniture Bank

Services Provided: Once partnered with an organization, a family can receive furniture to furnish their home at a low cost.

Phone Number: 312-752-0211

Email: appointments@chicagofurniturebank.org

Region: 1

County: Cook County

City: Chicago, IL

Crittenton Centers- Crisis Nursery

Services Provided: Free, 24/7 emergency and respite care for children from birth to age 6, aimed at preventing child abuse and neglect. Services include crisis counseling, short-term shelter (up to 72 hours), basic needs support (diapers, formula, clothing), and parent education programs.

Phone Number: 309-674-4125

Email: CN@crittentoncenters.org

Region: 2

County: Peoria County

City: Peoria, IL



HOUSING ASSISTANCE

DOVE (Domestic Violence Emergencies)

Services Provided: Emergency shelter, counseling, legal advocacy, and support groups for victims of domestic violence.

Phone Number: 217-423-2238

Email: dove@doveinc.org

Region: 4

County: Macon County

City: Decatur, IL

Entry Point- Suburban Cook County

Services Provided: Provides coordinated entry for individuals and families experiencing homelessness or at risk, connecting them to emergency shelter, housing programs, and supportive services.

Phone Number: 877-426-6515

Email: Not publicly listed

Region: 1

County: Cook County

City: Oak Park, IL



HOUSING ASSISTANCE

ERBA (Embarras River Basin Agency Inc)

Services Provided: Housing, food resources, rent/mortgage help, employment help.

Phone Number: 217-4923-3113

Email: Not publicly listed

Region: 4

County: Cumberland County

City: Greenup, IL

Family & Support Services

Services Provided: Homeless Service.

Phone Number: 312-743-0300

Email: Not publicly listed

Region: 1

County: Cook County

City: Chicago, IL



HOUSING ASSISTANCE

The Haven

Services Provided: Provides emergency shelter, meals, case management, and life skills programs for individuals and families facing housing and food insecurity.

Phone Number: 217-234-7237

Email: Not publicly listed

Region: 4

County: Coles County

City: Mattoon, IL

Hesed House

Services Provided: Offers emergency shelter, transitional living, and permanent supportive housing for individuals and families experiencing homelessness. Provides meals, case management, medical and legal assistance, and other supportive services.

Phone Number: 630-897-2156

Email: info@hesedhouse.org

Region: 2

County: Kane County

City: Aurora, IL



HOUSING ASSISTANCE

HOPE of Ogle County

Services Provided: Provides free and confidential services to survivors of domestic abuse, including a 24/7 crisis hotline, emergency shelter, individual counseling for adults, teens, and children, support groups, court advocacy, Latinx outreach, and prevention education.

Phone Number: 815-562-8890

Email: hopeogle.admin@hopedv.org

Region: 2

County: Ogle County

City: Rochelle, IL

JOURNEYS- The Road Home

Services Provided: Offers emergency shelter, supportive services, and housing assistance to individuals and families experiencing homelessness or at risk. Programs include the PADS Shelter Program, the HOPE Center for daytime services, and the Pathways Housing Readiness Program.

Phone Number: 847-963-9163

Email: info@journeystheroadhome.org

Region: 1

County: Cook County

City: Palatine, IL



HOUSING ASSISTANCE

La Casa Norte

Services Provided: Provides comprehensive services for youth and families confronting homelessness, including emergency shelters, transitional and permanent housing, food pantry, medical clinic, youth drop-in centers, and supportive services such as case management, mental health care, and workforce development.

Phone Number: 773-276-4900

Email: info@lacasanorte.org

Region: 1

County: Cook County

City: Chicago, IL

LIHEAP

Services Provided: Utility bill assistance.

Phone Number: 833-711-0374

Email: communityassist@illinois.gov

Region: Statewide



HOUSING ASSISTANCE

Northwest Compass, Inc

Services Provided: Offers housing assistance, food pantry services, youth empowerment programs, coordinated entry for homelessness services, career coaching, financial counseling, and crisis stabilization support.

Phone Number: 847-392-2344

Email: info@northwestcompass.org

Region: 1

County: Cook County

City: Mount Prospect, IL

Oxford House

Services Provided: Offers democratically run, self-supported, substance-free homes for individuals in recovery from alcohol and drug addiction.

Phone Number: 800-689-6411

Email: Not publicly listed

Region: Various regions across IL



HOUSING ASSISTANCE

Pathways Ministries Peoria

Services Provided: Emergency shelter for men and women, food, clothing, counseling, pregnancy and parenting services, Bible-based education, addiction recovery, and life-skills training.

Phone Number: Men's Residential Center: 309-676-6416

Phone Number: Women's Residential Center: 309-689-0915

Email: info@northwestcompass.org

Region: 3

County: Peoria County

City: Peoria, IL

ReVive Center for Housing and Healing

Services Provided: Connection to housing, transportation, food, drop-in engagement center, case management support, occupational therapy support.

Phone Number: 312-997-2222

Email: info@revivecenter.org

Region: 1

County: Cook

City: Chicago, IL



HOUSING ASSISTANCE

Rebuilding Together Metro Chicago

Services Provided: Housing Repair Assistance.

Phone Number: 312-977-3805

Email: rtmc@rebuildingtogether-chi.com

Region: 1

County: Cook County

City: Chicago, IL

Safe Families for Children (Chicago Area)

Services Provided: Provides temporary hosting for children, family coaching, and support services to help stabilize families in crisis and prevent child welfare involvement.

Phone Number: 773-653-2200

Email: chicagoinfo@safefamilies.net

Region: 1

County: Cook

City: Chicago, IL



HOUSING ASSISTANCE

Safe Haven of Mount Carmel

Services Provided: Provides temporary emergency shelter for homeless women and their children, offering spiritual, physical, and emotional support to help them transition to self-sufficiency.

Phone Number: 618-262-2677

Email: Not public listed

Region: 5

County: Wabash County

City: Mount Carmel, IL

Safe Passage (DeKalb, IL)

Services Provided: Provides free and confidential services to survivors of domestic violence and sexual assault, including a 24/7 crisis hotline, emergency shelter, counseling, legal advocacy, and prevention education.

Phone Number: 815-756-5228

Email: Not publicly listed

Region: 2

County: DeKalb County

City: DeKalb, IL



HOUSING ASSISTANCE

Sarah's Circle

Services Provided: Provides a full continuum of services for women experiencing homelessness, including a daytime support center, interim housing, permanent supportive housing, case management, meals, showers, laundry, and trauma-informed clinical services.

Phone Number: 773-728-1014

Email: info@sarahs-circle.org

Region: 1

County: Cook County

City: Chicago, IL

Shelter Youth & Family Services

Services Provided: Provides emergency housing, transitional living, foster care, home visiting, and clinical support services for children and families in crisis.

Phone Number: 847-255-8060

Email: shelter@shelter-inc.org

Region: 1

County: Cook County

City: Arlington Heights, IL



HOUSING ASSISTANCE

Southern Illinois Coalition for the Homeless

Services Provided: Affordable housing and supportive services for homeless and near-homeless individuals across several southern Illinois counties.

Phone Number: 618-993-0094

Email: help@sihomelesscoalition.org

Region: 5

County: Williamson County

City: Marion, IL

Tri-County Opportunities Council

Services Provided: Community Action Agency offering energy assistance (LIHEAP), weatherization, Head Start and Early Head Start programs, Foster Grandparent Program, housing support, and employment training for low-income individuals and families.

Phone Number: 815-625-7830

Email: tcoc@tcochelps.org

Region: 2

County: Whiteside County

City: Rock Falls, IL



HOUSING ASSISTANCE

Wabash Area Development, Inc (WADI)

Services Provided: Offers emergency assistance, housing support, Head Start programs, job training, and energy assistance to low-income individuals and families.

Phone Number: 618-963-2387

Email: Not publicly listed

Region: 5

County: Edwards, Gallatin, Hamilton, Saline, Wabash, Wayne and White County

City: Enfield, IL (Administrative Office)

Western Egyptian Opportunity Council

Services Provided: Help with rent, power (LIHEAP), water, crisis asst.

Phone Number: 618-965-3458

Email: Not publicly listed

Region: 5

County: Randolph, Perry and Monroe County



SOCIAL SERVICES

All Our Kids (AOK) Early Childhood Networks

Services Provided: Community-based collaborations that promote healthy pregnancies and the positive growth and development of children from birth to age five, ensuring coordinated and accessible services for families.

Phone Number: 312-793-2748

Email: DHS.AOK@illinois.gov

Region: Statewide

A Safe Place

Services Provided: Focused in Lake County but also provide resources in surrounding counties. Assisting individuals who have experienced or have been impacted by domestic violence and human trafficking. Services include: counseling, court advocacy, crisis response, housing, family visitation center.

Phone Number: 1800-600-7233

Email: info@asafeplaceforhelp.org

Region: 2

County: Lake County

City: Zion, IL



SOCIAL SERVICES

The Amy Schulz Child Advocacy Center

Services Provided: Provides trauma-informed services including forensic interviews, advocacy, and prevention education for children who are victims of sexual abuse, severe physical abuse, or have witnessed domestic violence.

Phone Number: 618-244-2100

Email: info@amycenter.org

Region: 5

County: Jefferson County

City: Mount Vernon, IL

Andrew Family Children's Health Resource Center

Services Provided: Provides reliable health information for children and families, including a lending library, digital resources, medical play area, safety programs, and personal assistance from trained staff.

Phone Number: 847-723-2472

Email: Not publicly listed

Region: 1

County: Cook County

City: Oak Lawn, IL



SOCIAL SERVICES

Anew: Building Beyond Violence and Abuse

Services Provided: 24-hour hotline, emergency shelter, counseling for adults and children, court advocacy, transitional and rapid rehousing, and community education.

Phone Number: 708-794-2140

Email: info@anewdv.org

Region: 1

County: Cook County

City: Homewood, IL

Area Agencies on Aging (Statewide)

Services Provided: Coordinate and provide services for older adults including meals, transportation, caregiver support, case management, and help with Medicare and benefits across all Illinois regions.

Phone Number: 800-252-8966

Email: aging.ilsenior@illinois.gov

Region: Statewide



SOCIAL SERVICES

Birth to Five Illinois

Services Provided: Early childhood education and care.

Phone Number: 773-739-2107

Email: info@birthtofiveil.com

Region: Statewide

Bond County Pregnancy Support Center

Services Provided: Free pregnancy testing, peer counseling, education on pregnancy and alternatives, housing assistance, baby and maternity supplies, breastfeeding information, and referrals for adoption, medical care, legal aid, and social services.

Phone Number: 618-664-3799

Email: Not publicly listed

Region: 5

County: Bond

City: Greenville, IL



SOCIAL SERVICES

Boys and Girls Clubs of Chicago

Services Provided: Afterschool programs, summer camps, academic support, leadership development, and health & wellness activities for youth ages 6–18.

Phone Number: 312-235-8000

Email: info@bgcc.org

Region: 1

County: Cook

City: Chicago, IL

CARES Line (Crisis and Referral Entry Services)

Services Provided: Provides 24/7 mental health crisis support for Illinois residents, including mobile crisis response and referrals for children, youth, and families.

Phone Number: 800-345-9049

Email: Not publicly listed

Region: Statewide



SOCIAL SERVICES

Catholic Charities of Southern IL

Services Provided: Provides assistance with basic needs such as food, clothing, housing support, and other social services to individuals and families in need.

Phone Number: 618-394-5900

Email: Not publicly listed

Region: 5

County: St. Clair County

City: Belleville, IL

Catholic Charities- Mattoon, IL

Services Provided: Offers food pantry, clothing and housewares assistance, prescription aid, baby supplies, adaptive equipment loans, and operates the Boomerang Blessings resale store.

Phone Number: 217-235-0420

Email: jbenton_matt@cc.dio.org

Region: 4

County: Coles County

City: Mattoon, IL



SOCIAL SERVICES

C.E.F.S. Economic Opportunity Corporation

Services Provided: Offers a wide range of programs including housing assistance, energy assistance (LIHEAP), weatherization, Head Start, Meals on Wheels, job training (WIOA), public transit (CIPT), emergency services, and financial literacy programs to support low-income individuals and families.

Phone Number: 217-342-2193

Email: Not publicly listed

Region: 4

County: Christian, Clay, Effingham, Fayette, Montgomery, Moultrie, and Shelby County

Center for Prevention Abuse

Services Provided: Offers emergency shelter, counseling, legal advocacy, and support services for individuals affected by domestic violence, sexual assault, elder abuse, and human trafficking.

Phone Number: 309-691-0051

Email: info@centerforpreventionofabuse.org

Region: 3

County: Peoria County

City: Peoria, IL



SOCIAL SERVICES

Chicago Growth Mindset

Services Provided: Culturally responsive therapy, workplace wellness programs, and professional development for individuals, families, and organizations.

Phone Number: 773-417-4177

Email: info@chicagogrowthmindset.com

Region: 1

County: Cook County

City: Chicago, IL

Child Care Resource & Referral System

Services Provided: 16 community-based agencies in Illinois funded to provide services and supports to families, providers, and communities.

Phone Number: 866-697-8278

Email: info@inccrra.org

Region: Statewide



SOCIAL SERVICES

Children's Home Association of Illinois

Services Provided: Offers behavioral health services, foster care, residential and transitional housing, educational program, and family support services for at-risk youth and families.

Phone Number: 309-685-1047

Email: info@chail.org

Region: 3

County: Peoria County

City: Peoria, IL

Community and Economic Development

Association of Cook County- Northwest Suburbs

Services Provided: Offers a range of services including utility bill assistance (LIHEAP), weatherization, housing counseling, rental assistance, WIC nutrition support, employment training, and emergency financial aid to low-income residents in suburban Cook County.

Phone Number: 800-571-2332

Email: Not publicly listed

Region: 1

County: Cook County



SOCIAL SERVICES

Community Children's Impact

Services Provided: Provides clothing, housing assistance, budgeting support, and essential items for children and families in need.

Phone Number: 618-262-1033

Email: akeepes.cci@gmail.com

Region: 5

County: Wabash County

City: Mount Carmel, IL

Coordinated Youth and Human Services (CYHS)

Services Provided: Educational programs, maternal and child health services, HIV/AIDS prevention, and family case management.

Phone Number: 618-876-2383

Email: info@cyhs.com

Region: 5

County: Madison County

City: Granite City, IL



SOCIAL SERVICES

Crittenton Centers- Crisis Nursery

Services Provided: Free, 24/7 emergency and respite care for children from birth to age 6, aimed at preventing child abuse and neglect. Services include crisis counseling, short-term shelter (up to 72 hours), basic needs support (diapers, formula, clothing), and parent education programs.

Phone Number: 309-674-4125

Email: CN@crittentoncenters.org

Region: 2

County: Peoria County

City: Peoria, IL

Crosspoint Human Services

Services Provided: Offers mental health counseling, crisis intervention, domestic violence shelter and support, developmental disability services, early childhood education, housing assistance, and care coordination for individuals and families.

Phone Number: 217-442-3200

Email: Not publicly listed

Region: 3

County: Vermillion County

City: Danville, IL



SOCIAL SERVICES

Crosswalk Community Action Agency

Services Provided: Offers energy assistance, emergency services, rental/mortgage support, home repair, weatherization, and a food pantry for low-income households.

Phone Number: 618-937-3581

Email: reception@crosswalkcaa.com

Region: 5

County: Franklin County

City: West Frankfort, IL

DOVE (Domestic Violence Emergencies)

Services Provided: Emergency shelter, counseling, legal advocacy, and support groups for victims of domestic violence.

Phone Number: 217-423-2238

Email: dove@doveinc.org

Region: 4

County: Macon County

City: Decatur, IL



SOCIAL SERVICES

Eden's Glory

Services Provided: Two-year residential program for adult female survivors of human trafficking, offering trauma-informed care, therapy, life skills training, and spiritual support in a Christ-centered environment.

Phone Number: 314-312-3539

Email: healing@edensglory.org

Region: 5

County: Madison County

City: Maryville, IL

Egyptian Health Department

Services Provided: Provides comprehensive public health services including immunizations, WIC, family planning, environmental health, mental health counseling, substance use prevention, diabetes education, and crisis services.

Phone Number: 618-273-3326

Email: Not publicly listed

Region: 5

County: Saline County

City: Eldorado, IL



SOCIAL SERVICES

FamilyCare Illinois Program

Services Provided: Healthcare coverage for parents and caretaker relatives of children under 19, including doctor visits, hospital care, prescriptions, and more.

Phone Number: 866-255-5437

Email: Not publicly available

Region: Statewide

Foster Village Peoria

Services Provided: Support and resources for foster families, children in foster care, and biological families working toward reunification. Programs include practical support, educational training, and community advocacy.

Phone Number: Not publicly listed

Email: Not publicly listed

Region: 3

County: Peoria County

City: Peoria, IL



SOCIAL SERVICES

Freedom House

Services Provided: Emergency shelter, crisis intervention, counseling, legal advocacy, case management, domestic violence education, support groups, child care during support groups, youth counseling, safety planning, food and clothing, and community education.

Phone Number: 815-872-0087

Email: dvadvocate@freedomhouseillinois.com

Region: 2

County: Bureau County

City: Princeton, IL

Growing Home Workforce Development

Services Provided: Resource center to help parents with resume writing, onsite hiring assistance, help with interviews.

Phone Number: 773-434-7144

Email: info@growinghomeinc.org

Region: 1

County: Cook County

City: Englewood, IL



SOCIAL SERVICES

Healthy Families Illinois (HFI)

Services Provided: A voluntary home visiting program designed to support new and expectant parents in strengthening family functioning and reducing the risk of child abuse and neglect. Services include parenting education, child development information, goal setting assistance, and connections to community resources.

Phone Number: 312-793-1476

Email: DHS.ECD@illinois.gov

Region: Statewide

Healthy Southern Illinois Delta Network (HSIDN)

Services Provided: Collaborative health initiatives addressing chronic disease prevention, maternal and child health, and community wellness in southern Illinois.

Phone Number: 618-457-5200

Email: info@hsidn.org

Region: 5

County: Jackson County

City: Carbondale, IL



SOCIAL SERVICES

HOPE of Ogle County

Services Provided: Provides free and confidential services to survivors of domestic abuse, including a 24/7 crisis hotline, emergency shelter, individual counseling for adults, teens, and children, support groups, court advocacy, Latinx outreach, and prevention education.

Phone Number: 815-562-8890

Email: hopeogle.admin@hopedv.org

Region: 1

County: Ogle County

City: Rochelle, IL

Illinois Extended Family Support Program

Services Provided: Helps the caregiver obtain guardianship through probate court. Other goals include assisting caregivers with applying for the Child-Only grant, subsidized daycare, medical benefits and SNAP; enrolling the child in school; and referring family members for other services. The program also provides cash assistance to pay for costs associated with probate court and other items needed to care for the child.

Phone Number: 800-232-3798

Email: Not publicly listed

Region: Statewide



SOCIAL SERVICES

Illinois Healthy Woman Program

Services Provided: Provides free family planning services, including birth control and reproductive health care, for women ages 19–44 who are not pregnant and meet income guidelines.

Phone Number: 1800-226-0768

Email: Not publicly available

Region: Statewide

Jackson Community Center

Services Provided: Offers food assistance, senior nutrition programs, educational support, utility assistance, and a thrift store to support individuals and families in need.

Phone Number: 309-734-4251

Email: Not publicly listed

Region: 3

County: Warren County

City: Monmouth, IL



SOCIAL SERVICES

JOLT Harm Reduction

Services Provided: JOLT Harm Reduction offers a comprehensive range of free services aimed at reducing the negative health and social consequences associated with high-risk behaviors.

Phone Number: 309-966-3643

Email: joltharmreduction@gmail.com

Region: 2

County: Peoria County

City: Peoria, IL

JOURNEYS: The Road Home

Services Provided: Offers emergency shelter, supportive services, and housing assistance to individuals and families experiencing homelessness or at risk. Programs include the PADS Shelter Program, the HOPE Center for daytime services, and the Pathways Housing Readiness Program.

Phone Number: 847-963-9163

Email: info@journeytheroadhome.org

Region: 1

County: Cook

City: Palatine, IL



SOCIAL SERVICES

Lighthouse Shelter

Services Provided: Provides emergency shelter, meals, and support services to individuals and families experiencing homelessness, with the goal of helping them secure permanent housing.

Phone Number: 618-993-8180

Email: Not publicly listed

Region: 5

County: Williamson County

City: Marion, IL

Living Alternatives Pregnancy Resource Center

Services Provided: Pregnancy testing, limited ultrasounds, options counseling, STI/STD information, HOPE mentoring, male mentorship, curbside care, pregnancy loss support, adoption support, and post-abortion support.

Phone Number: 815-933-2207

Email: Not publicly available

Region: 2

County: Kankakee County

City: Kankakee, IL



SOCIAL SERVICES

Maine Township

Services Provided: Offers services including general assistance, youth and family services, senior programs, food pantry, property tax assistance, and community outreach to residents in parts of Des Plaines, Park Ridge, Niles, Glenview, Morton Grove, and Rosemont.

Phone Number: 847-297-2510

Email: info@mainetown.com

Region: 1

County: Cook County

City: Park Ridge, IL

Mano a Mano Family Resource Center

Services Provided: Empowers immigrant families through culturally and linguistically competent services, including health education, immigration legal assistance, ESL classes, parenting support, civic engagement, and emergency aid via the Tanda Community Fund.

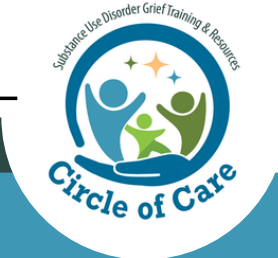
Phone Number: 847-201-1521

Email: info@mamfrc.org

Region: 1

County: Lake County

City: Round Lake Park, IL



SOCIAL SERVICES

Martin Luther King Jr. Community Center

Services Provided: Offers free after-school and summer programs for youth, family advocacy services, substance use and teen pregnancy prevention programs, community events, and facility rentals.

Phone Number: 309-732-2999

Email: mlkmail@rigov.org

Region: 2

County: Rock Island County

City: Rock Island, IL

Mercy Home for Boys and Girls

Services Provided: Residential care for youth ages 11–24, trauma-informed therapy, education support, life skills training, mentoring, and aftercare services.

Phone Number: 312-738-7560

Email: info@mercyhome.org

Region: 1

County: Cook County

City: Chicago, IL



SOCIAL SERVICES

Metro East Every Survivor Counts

Services Provided: Free and confidential support for survivors of sexual violence: 24/7 crisis hotline, in-person medical and legal advocacy, counseling for individuals aged 4 and older, prevention education, & community/professional training.

Phone Number: 618-397-0975

Email: Not publicly listed

Region: 5

County: St. Clair and Madison County

City: Belleville, IL (main office); Wood River, IL (satellite office)

The Mission House

Services Provided: Christian discipleship training, mentoring, and support for individuals facing life-destructive issues.

Phone Number: 217-621-6444

Email: Not publicly available

Region: 4

County: Coles County

City: Mattoon, IL



SOCIAL SERVICES

Mooseheart Child City & School

Services Provided: Residential care and education for children and teens in need, offering a structured, family-style living environment and accredited schooling from pre-K through 12th grade.

Phone Number: 630-906-3646

Email: Not publicly listed

Region: 2

County: Kane County

City: Mooseheart, IL

Northwest Compass, Inc

Services Provided: Offers housing assistance, food pantry services, youth empowerment programs, coordinated entry for homelessness services, career coaching, financial counseling, and crisis stabilization support.

Phone Number: 847-392-2344

Email: info@northwestcompass.org

Region: 1

County: Cook County

City: Mount Prospect, IL



SOCIAL SERVICES

Norway United Methodist Church

Services Provided: Bare necessities program: baby food, toiletries, kids clothes.

Phone Number: 815-496-2021

Email: Not publicly listed

Region: 2

County: LaSalle County

City: Sheridan, IL

PADS Homeless Shelter

Services Provided: Provides 24/7, year-round emergency shelter, meals, clothing, and supportive services for individuals experiencing homelessness.

Phone Number: 815-288-6818

Email: dixonpads@comcast.net

Region: 2

County: Lee County

City: Dixon, IL



SOCIAL SERVICES

Partner Abuse Intervention Program- Guardian Angel Community Services

Services Provided: Court-mandated and voluntary intervention for individuals who have committed intimate partner violence. The program includes intake assessments, 26 group sessions, crisis intervention, and information/referral services.

Phone Number: 815-729-0930 ext 1451

Email: lbaugh@gacsprograms.org

Region: 5

County: Will County

City: Joliet, IL

People's Resource Center

Services Provided: Food pantry, clothing closet, emergency rent/mortgage assistance, computer training, adult literacy, job search support, and art programs.

Phone Number: 630-682-5402

Email: info@peoplesrc.org

Region: 2

County: DuPage County

City: Wheaton, IL



SOCIAL SERVICES

Peoria Dream Center

Services Provided: Provides emergency shelter, supportive housing, youth mentorship, free clothing, and community outreach services focused on families in poverty.

Phone Number: 309-676-3000

Email: info@dreamcenterpeoria.org

Region: 2

County: Peoria County

City: Peoria, IL

Project Oz

Services Provided: Offers crisis intervention, transitional housing, counseling, and life skills education for youth and young adults experiencing homelessness, family conflict, or justice system involvement.

Phone Number: 309-827-0377

Email: info@projectoz.org

Region: 3

County: McLean County

City: Bloomington, IL



SOCIAL SERVICES

Rainbow Cafe LGBTQ Center

Services Provided: Provides a safe, affirming space for LGBTQIA+ individuals with support groups, youth programming, and wellness resources.

Phone Number: 618-525-9922

Email: info@rainbowcafe.org

Region: 5

County: Jackson County

City: Carbondale, IL

Recharge Teen Center

Services Provided: Provides a safe, supportive space for teens aged 13–19, offering after-school programs, a food and hygiene pantry, laundry facilities, cooking classes, art therapy, and leadership development activities.

Phone Number: 309-924-2414 ext 271

Email: arogers@eagleviewhealth.org

Region: 3

County: Warren County

City: Monmouth, IL



SOCIAL SERVICES

Safe Families for Children (Chicago Area)

Services Provided: Provides temporary hosting for children, family coaching, and support services to help stabilize families in crisis and prevent child welfare involvement.

Phone Number: 773-653-2200

Email: chicagoinfo@safefamilies.net

Region: 1

County: Cook County

City: Chicago, IL

Safe Families for Children- East Central IL

Services Provided: Provides temporary hosting for children, family coaching, and support services to families in crisis, aiming to prevent child neglect and reduce the need for foster care placements.

Phone Number: 217-361-4964

Email: kcullen@safefamilies.net

Region: 3

County: Macon County

City: Decatur, IL



SOCIAL SERVICES

Safe Passage

Services Provided: Provides free and confidential services to survivors of domestic violence and sexual assault, including a 24/7 crisis hotline, emergency shelter, counseling, legal advocacy, and prevention education.

Phone Number: 815-756-5228

Email: Not publicly listed

Region: 2

County: DeKalb County

City: DeKalb, IL

Salt & Light Ministries- Clothing Closet

Services Provided: Free clothing closet and food pantry for individuals and families in need; thrift store offering affordable clothing, furniture, and household items; financial literacy education (including Dave Ramsey's Financial Peace University); computer instruction programs; and volunteer opportunities.

Phone Number: 217-355-5654

Email: Not publicly listed

Region: 3

County: Champaign County

City: Champaign, IL



SOCIAL SERVICES

Sarah's Circle

Services Provided: Provides a full continuum of services for women experiencing homelessness, including a daytime support center, interim housing, permanent supportive housing, case management, meals, showers, laundry, and trauma-informed clinical services.

Phone Number: 773-728-1014

Email: info@sarahs-circle.org

Region: 1

County: Cook County

City: Chicago, IL

Shaken Baby Prevention

Services Provided: Educational sessions on recognizing and preventing Shaken Baby Syndrome.

Phone Number: 217-522-1129

Email: bfarr@pcaillinois.org

Region: 4

County: Sangamon County

City: Springfield, IL



SOCIAL SERVICES

Share Our Spare

Services Provided: Provides essential baby items to families in need, including diapers, clothing, and hygiene products.

Phone Number: 773-657-3117

Email: info@shareourspare.org

Region: 1

County: Cook County

City: Chicago, IL

Shawnee Development Council, Inc

Services Provided: Offers a range of services including food distribution, energy assistance (LIHEAP), emergency assistance, weatherization, housing support, job training, and scholarship programs to support low-income individuals and families.

Phone Number: 618-634-2201

Email: sdcinc@shawneedevelopment.org

Region: 5

County: Alexander, Hardin, Johnson, Massac, Pope, Pulaski, and Union Counties



SOCIAL SERVICES

The Simple Room

Services Provided: Faith-based youth development center offering free after-school programs, tutoring, healthy snacks, recreational activities, and a summer literacy program for K-12 students.

Phone Number: 618-664-2894

Email: info@simpleroom.org

Region: 5

County: Bond County

City: Greenville, IL

Sleep in Heavenly Peace- Illinois Chapters

Services Provided: Builds and delivers twin beds with mattresses and bedding to children ages 3-17 who are sleeping on the floor or without a bed.

Phone Number: 844-432-2337

Email: info@shpbeds.org

Region: Statewide



SOCIAL SERVICES

Soup-n-Share Outreach Program

Services Provided: Offers a client-choice food pantry, free clothing, diaper distribution, senior food boxes, and support for displaced students and families in crisis.

Phone Number: 618-709-7500

Email: info@soupnshare.org

Region: 5

County: Madison County

City: Madison, IL

Sparta Mobile Clinic

Services Provided: Primary care, wellness visits, chronic condition management, and vaccinations for all ages.

Phone Number: 618-443-1362

Email: info@spartahospital.com

Region: 5

County: Randolph County

City: Sparta, IL



SOCIAL SERVICES

Spero Family Services

Services Provided: Offers foster care, transitional and independent living programs, counseling, residential treatment, early childhood education, and youth development services.

Phone Number: 618-242-1070

Email: info@sperofs.org

Region: 5

County: Jefferson County

City: Mount Vernon, IL

The Salvation Army

Services Provided: Emergency shelter, food assistance, addiction recovery, youth programs, senior services, disaster relief, and spiritual support.

Phone Number: 1800-725-2769

Email: uscmet.info@usc.salvationarmy.org

Region: Statewide



SOCIAL SERVICES

Village of Arlington Heights Health & Human Services Department

Services Provided: Offers comprehensive services including environmental health inspections, social services, nursing services, senior programs, and emergency financial assistance to residents of Arlington Heights.

Phone Number: 847-368-5791

Email: info@vah.com

Region: 1

County: Cook County

City: Arlington Heights, IL

Wabash Valley Development, Inc

Services Provided: Offers emergency assistance, housing support, Head Start programs, job training, and energy assistance to low-income individuals and families.

Phone Number: 618-963-2387

Email: Not publicly listed

Region: 5

County: Edwards, Gallatin, Hamilton, Saline, Wabash, Wayne, and White County



SOCIAL SERVICES

WIOA Workforce Programs- Illinois Department of Commerce & Economic Opportunity

Services Provided: Job training, career services, and support for unemployed or underemployed individuals through local Illinois workNet Centers.

Phone Number: 217-986-1397

Email: workforce@illinois.gov

Region: Statewide

Youth and Family Center of McHenry County

Services Provided: After-school and summer programs, adult engagement, parent mentorship, and bicultural navigation services.

Phone Number: 815-322-2357

Email: info@yfc-mc.org

Region: 2

County: McHenry County

City: McHenry, IL



SOCIAL SERVICES

Youth Service Bureau of Illinois Valley

Services Provided: Foster Care, Hispanic Services, Supervised visits and exchanges for DV victims, Intact family services, parenting programs, Runaway and Homeless youth, Juvenile probation services, intensive outreach treatment.

Phone Number: 815-433-3953

Email: jaydeB_06@ysbiv.org

Region: Statewide

Zacharias Sexual Abuse Center (ZCenter)

Services Provided: 24/7 crisis support, trauma-informed counseling for survivors as young as age 3, medical and legal advocacy, prevention education, and bilingual services.

Phone Number: 847-244-1187

Email: info@zcenter.org

Region: 2

County: Lake County

City: Gurnee, IL



RESOURCE DIRECTORIES

Chicago Hearing Society

Services Provided: ASL or signed English

Phone Number: 773-248-9121

Email: AskCHS@anixter.org

Region: 1

County: Cook County

City: Chicago, IL

Website: <https://chicagohearingsociety.org/>

Cook County Community Family Support

Services Provided: Resource directory for Cook County.

Phone Number: 312-443-5500

Email: Not publicly listed

Region: 1

County: Cook County

City: Chicago, IL

Website: <https://www.cookcountyil.gov/service-groups/community-and-family-support>



RESOURCE DIRECTORIES

DCFS Youth Advisory Board

Services Provided: Youth support for various services.

Phone Number: Northern: 630-801-3446

Cook North: 312-328-2740

Cook Central: 708-338-6657

Cook South: 773-371-6134

Central: 217-557-5761

Southern: 618-993-7149

Region: Statewide

Website: <https://dcfs.illinois.gov/brighter-futures/independence/statewide-youth-advisory-board.html>

DCFS Spider

Services Provided: Web tool that connects users with services for children and families in Illinois.

Region: Statewide

Website: <https://spider.dcfs.illinois.gov/>



RESOURCE DIRECTORIES

Madison County Mental Health Board- Resources Directory

Services Provided: Publishes a comprehensive directory of behavioral health and community support services in Madison County, including crisis hotlines, mental health counseling, substance use treatment, housing assistance, legal aid, and veteran support.

Phone Number: 618-296-4358

Email: Not publicly listed

Region: 5

County: Madison County

City: Edwardsville, IL

Website:

<https://cms4files.revize.com/madisoncountylus/Resource%20Directory%202024-2025.pdf>



RESOURCE DIRECTORIES

Living Room Program

Services Provided: A respite program with services and supports designed to proactively divert crises and break the cycle of psychiatric hospitalizations.

Region: Statewide

Website: <https://www.dhs.state.il.us/page.aspx?item=126349>

Office of Immigrant, Migrant and Refugee Rights: Chicago

Services Provided: Immigrant Rights Resources.

Phone Number: 312-744-5000

Email: Not publicly available

Region: 1

County: Cook County

City: Chicago, IL

Website:

https://www.chicago.gov/city/en/depts/mayor/provdrs/office_of_new_americans.html



RESOURCE DIRECTORIES

Living Room Program

Services Provided: A respite program with services and supports designed to proactively divert crises and break the cycle of psychiatric hospitalizations.

Region: Statewide

Website: <https://www.dhs.state.il.us/page.aspx?item=126349>

OMNI Youth Services/Prescription Playbook

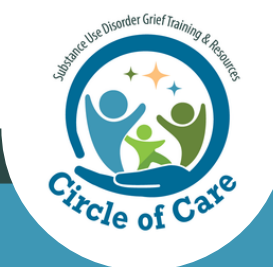
Services Provided: OMNI Prevention promotes healthy behaviors through a variety of science, evidence-based and collaborative approaches, including education, awareness, and policy initiatives to strengthen and build communities that proactively support health and well-being of all.

Phone Number: 847-353-1500

Email: info@omni4all.org

Region: Statewide

Website: <https://www.omni4all.org/prevention>



RESOURCE DIRECTORIES

Resource Directory CEFS Headstart 0-5 Program

Services Provided: Information to contact doctors, food pantries, energy assistance, domestic violence, pregnancy centers and more.

Phone Number: 217-342-2193

Region: 4, 5

County: Effingham, Clay, Christian, Montgomery, Moultrie, Fayette, and Shelby County

Website: <https://www.dhs.state.il.us/page.aspx?item=126349>

ROSC Councils Resource Guides

Services Provided: Recovery Oriented System of Care (ROSC) councils across the state of IL have resource guides they have created for their communities.

Region: Statewide

Website: <https://www.govst.edu/Recovery-Support/Find-Your-Local-ROSC-Council/>



RESOURCE DIRECTORIES

St. Clair County Resource Guide

Services Provided: Comprehensive directory of services for seniors, including health care, housing, transportation, legal aid, and other community resources.

Phone Number: 618-277-6600

Region: 5

County: St. Clair County

City: Belleville, IL

Website: <https://www.co.st-clair.il.us/webdocuments/departments/aging/seniorservicesdirectory.pdf>

United Way 211 Line

Services Provided: Free line that connects you to community resources

Phone Number: 211

Region: Statewide

Website: <https://www.211.org/>



SUD/MENTAL HEALTH

Abraxas Woodridge Intervention

Services Provided: Comprehensive substance use and co-occurring mental health treatment for adolescents and adults, including residential programs, outpatient services, DUI evaluations, educational support, and aftercare planning.

Phone Number: 630-968-6477

Email: info@abraxasyfs.org

Region: 2

County: DuPage County

City: Woodridge, IL

American Indian Health Service Chicago

Services Provided: Primary care and Behavioral Health Services for Indigenous community.

Phone Number: 773-883-9100

Email: administration@aihschgo.org

Region: 1

County: Cook County

City: Chicago, IL



SUD/MENTAL HEALTH

Arrowleaf

Services Provided: Offers a wide range of services, including behavioral health counseling, developmental disability support, crisis intervention, supportive living, youth and family programs, and community collaboration initiatives.

Phone Number: 618-658-3079

Email: Not publicly listed

Region: 5

County: Johnson County

City: Vienna, IL

Avance Counseling

Services Provided: MH evaluations, DUI, parenting classes, anger management classes, DV, also available in Spanish.

Phone Number: 773-293-1770

Email: avancecounseling@sbcglobal.net

Region: 1

County: Cook County

City: Chicago, IL



SUD/MENTAL HEALTH

Community Counseling Centers of Chicago (C4)

Services Provided: Offers mental health and substance use services including outpatient therapy, psychiatry, crisis intervention, case management, trauma recovery, youth and family support, and mobile crisis response.

Phone Number: 833-446-7324

Email: infoc4@c4chicago.org

Region: 1

County: Cook County

City: Chicago, IL

Center on Halsted

Services Provided: Comprehensive LGBTQ+ community center offering mental health services, HIV/STD testing, youth and senior programs, arts and cultural events, legal clinics, and community outreach.

Phone Number: 773-472-6469

Email: mail@centeronhalsted.org

Region: 1

County: Cook County

City: Chicago, IL



SUD/MENTAL HEALTH

Centerstone

Services Provided: Offers comprehensive mental health and addiction recovery services, including outpatient counseling, crisis intervention, residential treatment, psychiatric care, and support for veterans and families.

Phone Number: 877-467-3123

Email: helpnow@centerstone.org

Region: 5

County: Multiple County

City: Marion, Carterville, West Frankfort, Alton, and Carbondale, IL

Chestnut Health Systems

Services Provided: Provides an array of services, connecting individuals with care in substance use support, mental health care, and primary health services.

Phone Number: 888-924-3786

Email: Not publicly listed

Region: 1, 3, 5

County: Cook, Madison, McLean, and St. Clair County



SUD/MENTAL HEALTH

Comprehensive Behavioral Health Center of St. Clair County

Services Provided: Offers mental health and substance use treatment, crisis intervention, therapy, case management, and supportive housing.

Phone Number: 618-482-7330

Email: jdollar@cbhc1.org

Region: 5

County: St. Clair County

City: East St. Louis, IL

Comwell

Services Provided: Offers mental health counseling, substance use treatment, developmental disability services, residential programs, and same-day assessments for individuals and families in Southern Illinois.

Phone Number: 618-482-7330

Email: Not publicly listed

Region: 5

County: Randolph, Washington, and surrounding counties

City: Red Bud, IL (admin office)



SUD/MENTAL HEALTH

Crosspoint Human Services

Services Provided: Offers mental health counseling, crisis intervention, domestic violence shelter and support, developmental disability services, early childhood education, housing assistance, and care coordination for individuals and families.

Phone Number: 217-442-3200

Email: Not publicly listed

Region: 3

County: Vermillion County

City: Danville, IL

Eden's Glory

Services Provided: Two-year residential program for adult female survivors of human trafficking, offering trauma-informed care, therapy, life skills training, and spiritual support in a Christ-centered environment.

Phone Number: 314-312-3539

Email: healing@edensglory.org

Region: 5

County: Madison County

City: Maryville, IL



SUD/MENTAL HEALTH

Family Service Center

Services Provided: Offers affordable, accessible counseling and mental health services for children, adolescents, adults, and families. Services include individual therapy, family counseling, group programs, crisis response, and community outreach.

Phone Number: 847-251-7350

Email: info@familyservicecenter.com

Region: 1

County: Cook County

City: Northfield, IL

Family Service Center

Services Provided: Provides foster care, adoption, and counseling services focused on strengthening families and supporting children in Central Illinois.

Phone Number: 217-528-8406

Email: fsc@services2families.com

Region: 4

County: Sangamon County

City: Springfield, IL



SUD/MENTAL HEALTH

Family Service of Glencoe

Services Provided: Offers counseling, youth and family outreach, single-session consultations, crisis intervention, scholarship assessments, senior services, and information/referrals to support the social and emotional well-being of individuals and families in Glencoe.

Phone Number: 847-835-5111

Email: info@familyserviceofglencoe.org

Region: 1

County: Cook County

City: Glencoe, IL

Gateway Foundation

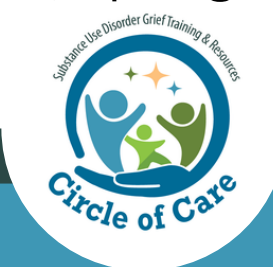
Services Provided: Offers comprehensive substance use disorder treatment including residential and outpatient programs, medication-assisted treatment, mental health counseling, and virtual recovery services across multiple Illinois locations.

Phone Number: 877-505-4673

Email: Not publicly listed

Region: Statewide

City: Chicago, Carbondale, Springfield, Peoria and Swansea, IL



SUD/MENTAL HEALTH

Haymarket Center

Services Provided: Comprehensive substance use and mental health treatment, including detox, residential and outpatient programs, recovery homes, and primary care services.

Phone Number: 312-226-7984

Email: info@hcenter.org

Region: 1

County: Cook County

City: Glencoe, IL

The Josselyn Center

Services Provided: Comprehensive mental health services including therapy, psychiatry, case management, employment support, and psychological testing for individuals of all ages.

Phone Number: 847-441-5600

Email: 1

Region: Cook County

City: Northfield, IL



SUD/MENTAL HEALTH

Lost & Found Ministries

Services Provided: Christian-based recovery support offering men's and women's recovery groups, Bible studies, and a sober social space known as the "Sober Bar".

Phone Number: 217-710-6900

Email: askmeaboutmypast@gmail.com

Region: 5

County: Bond County

City: Greenville, IL

MaineStay Youth & Family Services

Services Provided: Provides affordable mental health counseling, case management, crisis intervention, and youth substance use prevention services for children, teens, adults, and families.

Phone Number: 847-297-2510

Email: 1

Region: Cook County

City: Park Ridge, IL



SUD/MENTAL HEALTH

Montgomery County Health Department- Behavioral Health Services

Services Provided: Patient mental health and substance use counseling, psychiatric services, DUI services, and domestic violence counseling.

Phone Number: 217-532-2001

Email: Not publicly available

Region: 4

County: Montgomery County

City: Hillsboro, IL

MPower Counseling

Services Provided: Offers mental health and addiction counseling services from a holistic, harm-reduction perspective. Specializes in treating anxiety, depression, trauma, substance use, and behavioral disorders. Services include individual and group therapy, EMDR, DBT, REBT, yoga therapy, and Department of Transportation SAP evaluations.

Phone Number: 217-213-6114

Email: 3

Region: Vermillion County

City: Danville, IL



SUD/MENTAL HEALTH

NAMI Metro Suburban

Services Provided: Provides mental health and employment resources.

Phone Number: 708-524-2582

Email: info@namimetsub.org

Region: 1

County: Cook County

City: Chicago, IL

NAMI Southwestern Illinois

Services Provided: Offer understanding to anyone concerned about mental illnesses and the treatment of mental illness.

Phone Number: 618-798-9788

Email: info@namiswi.org

Region: 4,5

County: Bond, Clinton, Calhoun, Jersey, Macoupin, Madison, Monroe, Montgomery, Randolph and St. Clair County



SUD/MENTAL HEALTH

Nicasa Behavioral Health Services

Services Provided: Offers comprehensive behavioral health services including substance use treatment, mental health counseling, DUI evaluations, gambling addiction support, peer recovery services, and residential recovery housing.

Phone Number: 847-546-6450

Email: info@nicasa.org

Region: 2

County: Lake County

City: Round Lake, Waukegan, North Chicago, Highland Park, Mundelein, and Zion IL

OSF Healthcare Children's Hospital of Illinois- Resource Link

Services Provided: Provides services to equip primary care physician practices to identify, diagnose and treat pediatric mental health issues.

Phone Number: 309-624-9781

Email: Not publicly listed

Region: 2,3

County: Knox, LaSalle, Livingston, McLean, Peoria, Warren, and Winnebago County



SUD/MENTAL HEALTH

PCC Community Wellness Center

Services Provided: Comprehensive primary care, behavioral health, dental services, substance use treatment, reproductive health, prenatal and midwifery services, telehealth, and community wellness programs.

Phone Number: 708-383-0113

Email: info@pccwellness.org

Region: 1

County: Cook County

City: Oak Park, IL

Pillar Community Health

Services Provided: Integrated health and social services including primary medical care, dental care, outpatient mental health services, substance use disorder treatment, crisis intervention, domestic and sexual violence support, benefits enrollment assistance, and community outreach.

Phone Number: 708-745-5277

Email: info@pillarscommunityhealth.org

Region: 1

County: Cook County

City: La Grange Park, IL



SUD/MENTAL HEALTH

Recovery Community Center of Joliet

Services Provided: Peer Support, Resource lab, Professional closet, Resume writing, Job support, Naloxone Training, barber and nail care and COMING SOON: Teen Program for SUD and Family Grief counseling.

Phone Number: 815-660-0325

Email: heather@rccj.org

Region: 2

County: Will County

City: Joliet, IL

Rosecrance Health Network

Services Provided: Comprehensive behavioral health services including residential and outpatient substance use treatment, mental health counseling, psychiatric care, detoxification, recovery housing, and specialized programs for adolescents, adults, veterans, and families.

Phone Number: 866-330-8729

Email: info@rosecrance.org

Region: Statewide



SUD/MENTAL HEALTH

Safe From the Start

Services Provided: Provides trauma-informed counseling and support services for children ages 0–5 who have been exposed to violence, along with their families.

Phone Number: 309-691-0551

Email: jlyons@hoisafefromthestart.org

Region: 3

County: Peoria County

City: Peoria, IL

Sauk Valley Voices of Recovery

Services Provided: Peer-led recovery support services including sober living homes for men and women, harm reduction, recovery coaching, community outreach, and monthly sober social events.

Phone Number: 779-707-0151

Email: info@svvor.org

Region: 2

County: Lee County

City: Dixon, IL



SUD/MENTAL HEALTH

Sinnissippi Centers

Services Provided: Behavioral healthcare services including mental health counseling, substance use treatment, psychiatric services, crisis intervention, recovery home programs, and support for children, adolescents, adults, and families.

Phone Number: 815-284-6611

Email: Not publicly available

Region: 2

County: Carroll, Lee, Ogle, Stephenson and Whiteside County

City: Byron, Dixon, Freeport, Mt. Carroll, Oregon, Rochelle, and Sterling, IL

Sista Afya

Services Provided: Mental health services for African-American women.

Phone Number: 708-292-8730

Email: saccintake@sistaafya.com

Region: 1

County: Cook County

City: Chicago, IL



SUD/MENTAL HEALTH

SIHF Healthcare

Services Provided: Comprehensive medical services including family medicine, pediatrics, OB/GYN, behavioral health, dental care, and mobile health units.

Phone Number: 618-332-0953

Email: info@sihf.org

Region: 5

County: St. Clair County

City: Sauget, IL

Spero Family Services

Services Provided: Offers foster care, transitional and independent living programs, counseling, residential treatment, early childhood education, and youth development services.

Phone Number: 618-242-1070

Email: info@sperofs.org

Region: 5

County: Jefferson County

City: Mount Vernon, IL



SUD/MENTAL HEALTH

Tapestry 360 Health

Services Provided: Provides comprehensive healthcare services including primary care, behavioral health, dental care, and substance use treatment across multiple locations in Chicago.

Phone Number: 773-751-7800

Email: info@tap360health.org

Region: 1

County: Cook County

City: Chicago, IL

Treatment Alternatives for Safe Communities (TASC)

Services Provided: Offers case management and advocacy for individuals with substance use and mental health issues involved in the justice system.

Phone Number: 312-787-0208

Email: info@tasc.org

Region: 1

County: Cook County

City: Chicago, IL



SUD/MENTAL HEALTH

The Break Teen Center

Services Provided: We provide a safe, stimulating environment for teens to connect, have fun and find acceptance amongst peers and adults in the community" Monthly programs for all ages, volunteer opportunities, music, support groups, mental health/SUD support.

Phone Number: 779-220-4080

Email: Not publicly listed

Region: 2

County: McHenry County

City: Crystal Lake, IL

Trillium Place Young Minds Center

Services Provided: Behavioral health assessments, individual and family therapy, psychiatry/medication management, inpatient and outpatient mental health services, art and recreation therapy, and on-site educational support for youth ages 4–17.

Phone Number: 309-570-1800

Email: Not publicly available

Region: 3

County: Peoria County

City: West Peoria, IL



SUD/MENTAL HEALTH

Youth Crossroads

Services Provided: Mental health services for youth in Berwyn and Cicero, partnership with schools.

Phone Number: 708-484-7400

Email: contactus@youthcrossroads.org

Region: 1

County: Cook County

City: Berwyn, IL



TRANSPORTATION

LOTS- Lee-Ogle Transportation System

Services Provided: Curb-to-curb public transportation for all ages, including seniors, individuals with disabilities, and veterans. Services encompass medical appointments, employment, education, shopping, and connections to regional transit. All vehicles are lift-equipped.

Phone Number: 815-288-2117

Email: Not publicly available

Region: 2

County: Lee County

City: Dixon, IL

Monroe Randolph Transit District

Services Provided: Public transportation including curb-to-curb service and medical trips.

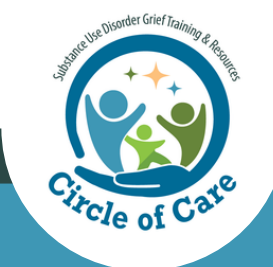
Phone Number: 618-443-9087

Email: mrt.dispatch@gmail.com

Region: 5

County: Randolph County

City: Sparta, IL



TRANSPORTATION

Pace Suburban Bus

Services Provided: Fixed-route bus service, ADA paratransit, Dial-a-Ride, On Demand, vanpool programs, and express routes connecting suburban communities to Chicago and major transit hubs.

Phone Number: 847-364-7223

Email: passenger.services@pacebus.com

Region: 1

County: Cook County

City: Arlington Heights, IL

Rides Mass Transit District

Services Provided: Public transportation services including fixed-route bus lines, demand-response (door-to-door) service, ADA paratransit, and intercity connections. Serves all ages for medical appointments, employment, education, shopping, and more. All vehicles are lift-equipped and accessible.

Phone Number: 844-718-1882

Email: jenna.yager@o365.ridesmtd.com

Region: 4,5

County: 17 counties in Southern and East Central IL



TRANSPORTATION

Whiteside County Public Transportation

Services Provided: Curb-to-curb transit service for all ages throughout Whiteside County and beyond. The fleet consists of lift-equipped and ramped vehicles, making the system fully accessible. Comfort/service animals are welcome on all fleet vehicles.

Phone Number: 815-625-7433

Email: Not publicly available

Region: 2

County: Whiteside County

City: Sterling, IL

